



OPPORTUNITIES

Mental Health Specialist Employment Service



Supporting people with mental health conditions to achieve their aspirations towards work and wellbeing.

We do this through a range of training, education and employment options tailored to individual need.



"Working with Pluss
and being involved
with Peer Support has
enabled me to become
the best person I have
been for years."

Referrals

Customers can be referred to the service by their:

- General Practitioner (GP);
 - Community Mental Health Team;
 - Psychiatrist/Psychologist;
- or**
- Therapist at TALKWORKS in South Devon and Torbay directly to Employment Support Worker.

What we provide

- 1:1 specialist employment support tailored to individual needs to achieve aspirations;
 - Peer Support;
 - Opportunities to learn new skills, personal growth and development;
 - Help with voluntary and paid employment;
 - Support for people to maintain their health and wellbeing in work;
 - Advice and information on employment, careers, learning and benefits.
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For more information please contact the Opportunities Team:

opportunities-mentalhealthteam@pluss.org.uk