

# WHAT'S ON... Positive People Somerset: November 2021

## Mondays

11am – 12:30pm

### Cuppa and a chat

Informal, relaxed space to come and have a virtual chat with a cuppa

[maxi.gambier@seetecpluss.co.uk](mailto:maxi.gambier@seetecpluss.co.uk)

07901 653207

## Thursdays (4<sup>th</sup> 11<sup>th</sup> 18<sup>th</sup> 25<sup>th</sup>)

10am – 12pm

### Steps to Success Course

Budgeting advice, confidence boosting, digital skills and an introduction to the Japanese concept referring to something that gives a person a sense of purpose and a reason for living called Ikigai.

[maxi.gambier@seetecpluss.co.uk](mailto:maxi.gambier@seetecpluss.co.uk)

07901 653207

## Tuesday 9<sup>th</sup> November

10am - 12pm

### Self-employment - Branding

Are you looking to create a brand image for your business online? Come and learn how.

[james@cosmic.org.uk](mailto:james@cosmic.org.uk)

07768 572384

## Friday 19<sup>th</sup> November

### International Men's Day event

MEN OF SOMERSET - come along for a social and fun day with a FREE LUNCH BUFFET.

Meet services like Quantock Landscape Partnership Scheme, In Charley's Memory making mental health matter, Rusty Road 2 Recovery and Seed of Hope.

Contact Maxi for more information and to register.

[maxi.gambier@seetecpluss.co.uk](mailto:maxi.gambier@seetecpluss.co.uk)

07901 653207

## Wednesday 1<sup>st</sup> December

10am – 12pm

### Self-employment – Podcasting, part 1

Could your business benefit from its very own podcast? Find out how to use audio to leave a lasting impression online.

[james@cosmic.org.uk](mailto:james@cosmic.org.uk)

07768 572384

## Facebook...

Like our Facebook page to stay up to day with Somerset Positive People:

<https://www.facebook.com/PositivePeopleSomerset>

## Online...

For more Positive People news and events check out:

<https://www.positive-people.org.uk/>

## Positive People

Positive People offers a lifeline to people who are not in work to help build confidence, skills and give a sense of hope for the future.

The projects give people the opportunity to get involved in local communities, meet new people and have fun through a range of activities.

The Positive People programme is funded by the European Social Fund and the National Lottery Community Fund

